



Keva Mack

Massage Therapist | Holistic Health Practitioner | Speaker | Presenter

"Caring for Your Mind, Body & Energy"

Keva Mack is a Licensed Massage Therapist, board certified Holistic Health Practitioner and Owner of Keva Mack Massage & Wellness in Grand Prairie, TX.

Keva provides drug free complementary healthcare that helps to heal mind, body and energy.

She specializes in combining Clinical Massage Therapy with Complementary and Integrative Healthcare (CIH) techniques to assist clients with Plastic Surgery Recovery, Pain Reduction and Stress Relief.

Keva's work is inspired by modern science and drug free wellness practices from around the world.

SPEAKING TOPICS

Massage...It's not just for pampering!

This presentation helps participants to see the health benefits of Massage Therapy and teaches them how to locate a Massage Therapist in their area that focuses on addressing health related issues.

Integrative Massage Therapy

This presentation helps participants to see how complementary therapies can be integrated into Massage Therapy to help heal on a mental, physical and energetic level.

Post Op Care as a Massage Therapist

This presentation helps people who are about to have plastic surgery or orthopedic surgery understand how a Post Op Massage Therapist can help them to recover after surgery and how to find one in their area.

Energy Therapy what is it and how does it help to improve your health & wellness?

Energy Therapy is one of the fastest growing Complementary and Integrative healthcare (CIH) disciplines used to manage stress. Find out what Energy Therapy is and how it helps to manage stress and create holistic wellness.

Keva is an energetic, knowledgeable and experienced speaker and talk show guest that your audience will find engaging, informative, inspiring and fun!

Keva is based in Grand Prairie, TX and is available for podcasts, radio interviews, retreats, workshops and summits around the United States, Internationally and virtually.

Keva is able to connect with almost anyone, but has found that she resonates best with Black audiences, small business owners, complementary and integrative health & wellness professionals and women ages 35-54.

As heard on



TESTIMONIALS



"Keva is the consummate professional in every regard. She does her very best to make each session better than the one before. She is the Best." - Ted Heartley



"Keva has extensive knowledge and experience, so I immediately felt comfortable. She explained what she was doing and why." - Monica Martin



"Keva has been amazing. She is professional and kind. Her methods are catered to your specific needs. She is not only a care provider, she is an educator. I know more about my body than ever before." - Vater Williams

INTERVIEW QUESTIONS

- How can Massage Therapy help to manage health related issues?
- What is Energy Therapy and how can it help to manage life changes, pain and stress?
- What is Integrative Massage Therapy and how can it enhance holistic health?
- How can combining Energy Therapy and Yoga help to improve holistic health?
- What is Post Op Massage and who does it help?

CONNECT

www.KevaMack.com

Keva@KevaMack.com

817-668-5382

@KevaMackLMT