



# Keva Mack

Massage Therapist | Holistic Health Practitioner | Speaker | Presenter

**Keva Mack** is a Licensed Massage Therapist, board certified Holistic Health Practitioner and owner of Keva Mack Massage & Wellness in Grand Prairie, TX.

Keva provides customized complementary and integrative health care that addresses specific health and wellness concerns. She specializes in Massage Therapy and Bodywork that reduces pain, relieves stress and assists post surgical recovery.

In addition to being trained, licensed and experienced in Massage Therapy, Keva also has professional level training and experience in Manual Lymph Drainage, Energy Therapy, Non-Invasive Body Contouring, Yoga Instruction, Meditation Instruction, Spiritual Life Coaching and Health & Wellness Coaching.

Keva's work is inspired by modern science and drug free health and wellness practices from around the world.

As well as being a highly sought after Massage Therapist and Holistic Health Practitioner, Keva is also an award winning radio personality and former Corporate Trainer for both non-profit and Fortune 500 companies.

When she's not working, Keva likes to travel and spend time with her sisters, Crystal and Hermione, her nephew Kevin, her husband DeAndrea and their daughter, Phoenix.


- Member - Yoga Alliance
- Member - Black Yoga Teacher Alliance
- Member - The Center for Reiki Research
- Member - American Massage Therapy Association
- Member - Alpha Kappa Alpha Sorority, Inc



## Connect With Keva

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