



Keva Mack

Massage Therapist | Holistic Health Practitioner | Speaker | Podcast Host

Keva Mack is a Licensed Massage Therapist, Board Certified Holistic Health Practitioner and owner of Keva Mack Massage & Wellness in Grand Prairie, TX.

Keva specializes in combining Massage Therapy with Complementary and Integrative Healthcare (CIH) techniques to assist clients with Plastic Surgery Recovery, Pain Management, Stress Management and Holistic Wellness. In addition to being trained, licensed and experienced in Massage Therapy, Keva also has professional level training and experience in Manual Lymph Drainage, Reiki Energy Therapy, Non-Invasive Body Contouring, Yoga Instruction, Meditation Instruction and Health & Wellness Coaching. Keva's work is inspired by modern science and drug free health and wellness practices from around the world.

Keva has over 20 years of experience in the Complementary and Integrative Healthcare (CIH) field. She has provided services, workshops, presentations and classes at corporations, colleges, universities, spas, wellness centers and fitness clubs since 1999.

As well as being a highly sought after Massage Therapist and Holistic Health Practitioner, Keva is also skilled at speaking and presenting, having served as a Corporate Trainer for both non-profit and Fortune 500 companies.

Keva is an award-winning Internet Radio Show host and producer and has studied voice and media presentation with Rodney Saulsberry, Raven Blair Glover and Sylvia "Sammi" Martinez. She is the host and executive producer of a weekly podcast, "Caring for Mind, Body & Spirit with Keva Mack", available on YouTube and Spotify.

When she's not working, Keva likes to travel and spend time with her sisters, Crystal and Hermione, her nephew Kevin, her husband of 28 years, DeAndrea and their daughter, Phoenix



Connect With Keva

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